

GET OUTTA THE WAY

Profoundness wafted through me as I read “when you look for something, you don’t find it”. I thought about that statement for some time. It was so true. When we are looking for something, our minds shut out our heart and gut intuitions, and close our eyes so we cannot see the miracles being presented to us. Our minds are so powerful, that when we are looking for something, we have an image of what it will look like and how it will come into our life. Energetically this keeps us in a state of searching and we gladly stay there because that is where the excitement is. The thrill of the hunt! We are asking the universe to “help me keep searching.” Eventually we tire of that “item” and something new comes along to capture our interest and we are off searching for that.

Right now so many are in a state of searching – either for a new direction in life, a loving relationship, a new home or just anything new to shift the stagnation of life as they know it. It is a time of change, and has been touted as such by many this year. This is the year of tying up loose ends and having the gates of the new flung wide open.

For the first four months of this year, I was searching and plotting and dreaming of where my changes would occur and how they would look. I was ready to embrace the leaving of the old to jump into the new like a child on Christmas morning. You know what... I could not see them, could not feel them, and could not grasp them. I know better than to look for anything, it is best to ask “if I was ____ where would I be?” and wait for the answer to come to me. However, the thrill of the hunt took over, the endorphins were running rampant having a field day with my “mind” which was feasting gregariously!

During the last month I have gently been brought to the awareness that I am opening to something greater than what I know now. I do not have to search or seek, I just have to be present each day when attendance is called. The rest will take care of itself. I give credit to the universe for placing a life hurdle in my path to deal with, thereby getting me out of my own way. So many signs have been presented to me, each has left a profound mark on my heart and soul. I am deeply awed and touched by the expansion of my consciousness, it is better than any Christmas morning! From the discovery of a 15-foot statue of Quan Yin in a front yard, meeting Archangel Zadkiel as I helped someone cross, my angelic gang giving me lyrics from “Power of Love”, white feathers twirling across the sky, and numerous animal messengers, each was not searched for but presented gracefully along my path. I am not sure what they are leading me to, but I have faith that eventually it will unfold in the most magnificent way. I am right where I need to be and if I keep butting in, the process will take longer.

What we cultivate within is reflected without. If we are “looking” that is what we are cultivating, what if we started “seeing?” As in “I am seeing the path through the signs presented to me.” That might seem too simple, for as humans we always want to know the whys, it starts in childhood as a way to learn, and understand the world around us. Yet the whys can lock us into a perpetual cycle of always searching for the answers. Which then can lead to pain and suffering if we can’t find answers. Or if we are searching for the answers to something that has caused us the pain or suffering that is keeping us there.

There is a fine line between observing the signs presented and the mind creating the signs we want to see. Each of us has been on a wild goose chase at some point in our lives, only to end up in a swamp and

have to claw our way back to solid land, fighting off alligators and swamp weeds along the way. Those chases are some of the best learning experiences we have had! And given that we are always learning and the universe provides the lessons, we needed to be enriched by those experiences. We win no matter what, but going with the flow of the universe, rather than insisting it flows the way we want it to, is so much easier.

If you are searching, seeking, looking or just mulling it all over in your head, stop. Try it for one day, get out of the way. What comes to you during that time? Don't spend a moment analyzing it, just acknowledge and move on. Eventually the answer will unfold, and you will know exactly what step to take next, what loose end you are tying up and it will be done with ease. The thrill of the hunt will be replaced by the joy of discovery.

The destination the universe has planned for you might surprise you. Adventure awaits, no need to pack anything special all will be provided when you surrender the need to search, and embrace the world with your eyes and heart wide open.

Namaste

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